

Rheinland-Pfalz Meisterschaft Sprint

750m – 18km – 5km

PLA	NAME	VEREIN	GES	AK	AK	GES_ZEIT	SWIM	Rng	RAD	Rng	LAUF	Rng	TA1	Rng	TA2	Rng
1	Schreiner Gregor	Stimmel Sports e.V.	M	TMJU	1	01:05:53	00:00:00	0	00:36:34	6	00:17:48	2	00:00:00	0	00:01:03	17
2	Pschebizin Marc	Tri Post Trier	M	TM40	1	01:07:05	00:00:00	0	00:36:05	5	00:17:39	1	00:00:00	0	00:01:03	17
3	Becker Marko	ETP Pirmasens I	M	TM25	1	01:07:21	00:09:52	5	00:37:10	10	00:17:58	5	00:01:21	12	00:01:00	7
4	Drescher Uwe	TV 1860 Mußbach	M	TM20	1	01:08:07	00:11:22	25	00:35:56	3	00:18:43	9	00:01:06	1	00:01:00	7
5	Augustin Rainer	Hardseemafia Triathlon	M	TM30	1	01:09:26	00:11:25	29	00:37:23	14	00:17:56	4	00:01:38	53	00:01:04	23
6	Lebhardt Philipp	Tri Team Ludwigshafen	M	TM25	2	01:09:29	00:11:41	36	00:36:56	8	00:17:53	3	00:01:56	100	00:01:03	17
7	Tretter Thomas	TSG Maxdorf I	M	TM20	2	01:09:39	00:11:34	33	00:37:17	12	00:18:11	6	00:01:35	43	00:01:02	14
8	Rahnfeld Robert	SRL Koblenz	M	TM30	2	01:10:09	00:09:51	4	00:37:10	10	00:20:46	66	00:01:20	11	00:01:02	14
9	Neubert Jens	Triathlon Mülheim-Kärlich I	M	TM20	3	01:10:28	00:10:49	10	00:37:07	9	00:19:50	41	00:01:32	31	00:01:10	41
10	Weiler Georg	SRL Koblenz	M	TM30	3	01:10:59	00:11:01	14	00:38:09	19	00:19:21	23	00:01:30	24	00:00:58	6
11	Steigert Sebastian	TV 1860 Mußbach	M	TMJU	2	01:11:01	00:09:50	2	00:39:07	26	00:19:50	41	00:01:17	9	00:00:57	4
12	Sieben Christian	VFR-Simmern	M	TM30	4	01:11:19	00:12:21	59	00:36:39	7	00:19:23	25	00:01:44	70	00:01:12	47
13	Korbmacher Jan	ALV Mainz	M	TM25	3	01:11:20	00:12:03	50	00:37:22	13	00:18:53	13	00:01:41	59	00:01:21	93
14	Schmidt Stephan	Hardseemafia Triathlon	M	TM25	4	01:11:21	00:12:19	57	00:36:02	4	00:20:27	57	00:01:36	47	00:00:57	4
15	Große Max	RSG Montabaur III	M	TMJA	1	01:11:51	00:11:14	19	00:39:43	36	00:18:45	10	00:01:09	3	00:01:00	7
16	Peters Andreas	Stimmel-Sports	M	TM25	5	01:12:04	00:11:20	24	00:39:22	28	00:19:07	17	00:01:14	5	00:01:01	13
17	Mohr David	TSG Maxdorf I	M	TM25	6	01:12:12	00:12:29	64	00:38:10	20	00:19:13	21	00:01:11	4	00:01:09	36
18	Hoffmann Jens	SRL Koblenz	M	TM30	5	01:12:26	00:11:05	15	00:39:32	32	00:19:09	18	00:01:32	31	00:01:08	33
19	Sardain Gabriel	RSG Montabaur III	M	TMJU	3	01:12:38	00:09:50	2	00:41:44	68	00:18:50	12	00:01:14	5	00:01:00	7
20	Demissie Bruno	TUS Ahrweiler Triathlon	M	TM45	1	01:12:42	00:12:02	49	00:38:03	18	00:19:22	24	00:01:57	109	00:01:18	80
20	Bentz Volker	TV Herxheim	M	TM40	2	01:12:42	00:11:55	42	00:39:12	27	00:18:56	15	00:01:31	27	00:01:08	33
22	Lebeau Malte	TSG Maxdorf I	M	TM25	7	01:12:51	00:11:12	17	00:40:14	47	00:18:54	14	00:01:31	27	00:01:00	7
23	Kiekenbeck Jonas	Bike Tempel - TCEC Mainz	M	TMJU	4	01:12:55	00:11:55	42	00:38:10	20	00:20:16	53	00:01:27	18	00:01:07	29
24	Spitzhorn Heiko	RSG Montabaur	M	TM45	2	01:13:08	00:12:05	51	00:39:27	30	00:18:45	10	00:01:45	73	00:01:06	28
25	Bayer Nicolas	ALV Mainz	M	TM20	4	01:13:09	00:11:16	20	00:38:43	25	00:20:20	55	00:01:40	57	00:01:10	41
26	Kalt Kevin	SRL Koblenz II	M	TM20	5	01:13:14	00:12:51	75	00:37:39	15	00:20:12	51	00:01:23	14	00:01:09	36
27	Mille Markus	RSG Montabaur	M	TM40	3	01:13:25	00:10:50	11	00:40:08	43	00:19:39	33	00:01:36	47	00:01:12	47
28	Koppenhöfer Daniel	Stimmel-Sports	M	TM30	6	01:13:27	00:11:18	22	00:39:44	37	00:19:45	38	00:01:23	14	00:01:17	73
29	Kather Marco	SRL Koblenz	M	TM35	1	01:13:33	00:11:39	35	00:39:36	33	00:19:35	31	00:01:34	42	00:01:09	36
30	Werland Philipp	Tri Post Trier	M	TM20	6	01:14:03	00:14:29	133	00:38:01	17	00:18:41	8	00:01:31	27	00:01:21	93
31	Sonndag Dominik	ALV Mainz	M	TM30	7	01:14:16	00:13:19	92	00:38:30	23	00:19:27	27	00:01:49	83	00:01:11	45

32	Dülfer Tim	Tri Post Trier	M	TM20	7	01:14:19	00:12:00	48	00:40:15	48	00:19:29	28	00:01:33	36	00:01:02	14
33	Radke Mario	RSG Montabaur	M	TM45	3	01:14:27	00:12:28	62	00:39:40	34	00:19:33	30	00:01:33	36	00:01:13	53
34	Felix Hebenstreit	Hardseemafia Triathlon	M	TM20	8	01:14:44	00:11:13	18	00:40:11	45	00:20:38	63	00:01:35	43	00:01:07	29
35	Prokasky Niclas	TSG Maxdorf II	M	TM30	8	01:14:57	00:14:49	139	00:37:39	15	00:19:04	16	00:02:12	138	00:01:13	53
36	Görg Andre	Team Triathlon Dreikirchen	M	TM40	4	01:15:05	00:11:22	25	00:39:41	35	00:21:01	76	00:01:41	59	00:01:20	85
37	Klößner Nils	RSG Montabaur IV	M	TMJA	2	01:15:09	00:10:40	8	00:40:59	59	00:21:00	75	00:01:27	18	00:01:03	17
38	Hofmann Robert	RSG Montabaur	M	TM45	4	01:15:29	00:11:08	16	00:40:17	49	00:20:50	67	00:01:54	95	00:01:20	85
39	Gaab Daniel	TV 1860 Mußbach	M	TMJU	5	01:15:30	00:11:27	30	00:39:53	39	00:21:38	87	00:01:29	22	00:01:03	17
40	Schwan Sebastian	RSG Montabaur III	M	TM25	8	01:15:35	00:13:12	89	00:40:30	52	00:19:19	22	00:01:38	53	00:00:56	1
41	Scherer Stefan	VFR-Simmern	M	TM30	9	01:15:37	00:12:59	81	00:40:09	44	00:19:12	20	00:02:05	125	00:01:12	47
41	Matheis Bernd	SV 07 Ludwigshafen	M	TM45	5	01:15:37	00:13:08	87	00:39:29	31	00:19:41	35	00:01:56	100	00:01:23	105
43	Faber Sven	Triathlon Mülheim-Kärlich I	M	TM30	10	01:15:44	00:11:53	40	00:41:03	60	00:19:50	41	00:01:48	80	00:01:10	41
44	Krause Frank	SRL Koblenz Masters I	M	TM45	6	01:15:55	00:14:16	127	00:39:23	29	00:19:32	29	00:01:30	24	00:01:14	56
45	Uhren Gerd	TUS Ahrweiler Triathlon	M	TM50	1	01:16:26	00:11:42	38	00:40:58	57	00:20:57	73	00:01:32	31	00:01:17	73
46	Gorges Oliver	RSG Montabaur III	M	TMJA	3	01:16:28	00:00:00	0	00:45:55	123	00:18:38	7	00:00:00	0	00:00:56	1
46	Schneider Martin	Tri Team Ludwigshafen	M	TM35	2	01:16:28	00:16:29	170	00:32:20	1	00:23:44	146	00:02:18	148	00:01:37	153
48	Kolberg Lennert	TUS Ahrweiler Triathlon	M	TMJA	4	01:16:37	00:11:22	25	00:39:54	40	00:22:59	130	00:01:19	10	00:01:03	17
49	Baum Torben	TV 1860 Mußbach	M	TM40	5	01:16:38	00:11:41	36	00:42:36	82	00:19:38	32	00:01:27	18	00:01:16	69
50	Jeschke Andreas	SRL Koblenz II	M	TM30	11	01:16:42	00:16:13	165	00:38:19	22	00:19:10	19	00:01:56	100	00:01:04	23
51	Uderstadt Jana	Stimmel-Sports e.V.	W	TWJU	1	01:16:45	00:11:19	23	00:42:05	74	00:20:55	71	00:01:26	17	00:01:00	7
52	Ickenroth Alexander	SRL Koblenz Masters I	M	TM45	7	01:16:49	00:15:02	145	00:38:40	24	00:20:11	49	00:01:44	70	00:01:12	47
53	Marquet Robert	SYBAC-Solar Team RSC Unte	M	TM45	8	01:17:11	00:13:29	100	00:39:57	41	00:20:28	59	00:01:56	100	00:01:21	93
54	Freiberger Hans-Willi	LLG Wonnegau	M	TM45	9	01:17:16	00:13:22	96	00:40:52	54	00:19:42	36	00:02:03	119	00:01:17	73
55	Diefenbach Christian	Team Triathlon Dreikirchen	M	TM35	3	01:17:32	00:13:03	85	00:40:24	51	00:20:37	62	00:02:03	119	00:01:25	111
56	Girke Christopher	1. FCK Triathlon Team Pizza H	M	TM25	9	01:17:52	00:11:56	45	00:42:17	77	00:20:54	70	00:01:38	53	00:01:07	29
57	Jung Stephan	Bike Tempel - TCEC Mainz	M	TM40	6	01:17:53	00:15:05	147	00:40:13	46	00:19:23	25	00:01:55	98	00:01:17	73
58	Maahs Jochen	RSG Montabaur IV	M	TM30	12	01:17:59	00:00:00	0	00:39:50	38	00:19:47	39	00:00:00	0	00:01:07	29
59	Andreas Vierling	Hardseemafia Triathlon	M	TM40	7	01:18:05	00:11:56	45	00:40:58	57	00:22:07	104	00:01:48	80	00:01:16	69
60	Güttler Frank	Team Triathlon Dreikirchen	M	TM40	8	01:18:07	00:13:33	103	00:40:47	53	00:20:42	64	00:01:51	87	00:01:14	56
61	Behncke Michael	ETP Pirmasens I	M	TM35	4	01:18:15	00:12:53	77	00:40:54	55	00:21:43	89	00:01:36	47	00:01:09	36
62	KOCH ENGEL	Tri Post Trier Masters	M	TM50	2	01:18:18	00:10:39	7	00:42:47	85	00:21:31	85	00:01:50	85	00:01:31	134
63	Drexler Matthias	Tri Post Trier	M	TM40	9	01:18:20	00:12:43	70	00:42:23	79	00:20:21	56	00:01:36	47	00:01:17	73
64	Theobald Hans-Jürgen	SYBAC-Solar Team RSC Unte	M	TM40	10	01:18:28	00:12:41	69	00:41:34	66	00:20:27	57	00:02:26	163	00:01:20	85
65	Pillig Michael	SYBAC-Solar Team RSC Unte	M	TM45	10	01:18:37	00:12:46	73	00:42:27	81	00:20:08	46	00:01:54	95	00:01:22	101
66	Laux Stefan	SYBAC-Solar Team RSC Unte	M	TM20	9	01:18:42	00:11:42	38	00:43:07	90	00:21:09	78	00:01:29	22	00:01:15	63
66	Kistner Daniel	DJK Triathlon Andernach	M	TM35	5	01:18:42	00:14:04	123	00:41:04	63	00:20:16	53	00:01:48	80	00:01:30	130
68	Ulonska Conrad	TV 1860 Mußbach	M	TMJU	6	01:18:46	00:10:59	13	00:45:24	116	00:20:06	44	00:01:21	12	00:00:56	1
69	Krämer Klaus	ETP Pirmasens I	M	TM35	6	01:19:11	00:12:55	78	00:41:45	69	00:21:33	86	00:01:41	59	00:01:17	73
69	Peters Stefan	SYBAC-Solar Team RSC Unte	M	TM35	6	01:19:11	00:13:28	99	00:41:30	65	00:21:10	79	00:01:45	73	00:01:18	80

71	Herrle Mike	Tri Team Ludwigshafen	M	TM35	8	01:19:25	00:14:36	137	00:42:05	74	00:19:49	40	00:01:41	59	00:01:14	56
72	Nothvogel Marco	Tri Post Trier	M	TM35	9	01:19:27	00:12:28	62	00:42:48	86	00:21:11	80	00:01:45	73	00:01:15	63
73	Hoecker Hans-Jürgen	LLG Wonnegau	M	TM55	1	01:19:35	00:16:26	169	00:32:45	2	00:26:07	165	00:02:25	160	00:01:52	175
74	Schwieckert Christian	SRL Koblenz II	M	TM35	10	01:19:36	00:13:30	101	00:41:03	60	00:22:00	100	00:01:43	64	00:01:20	85
74	Tolksdorf Maximilian	Triathlon Mülheim-Kärlich I	M	TMJU	7	01:19:36	00:11:58	47	00:42:17	77	00:22:14	108	00:01:46	78	00:01:21	93
76	Magill Rene	SRL Koblenz Masters II	M	TM40	11	01:19:38	00:11:55	42	00:42:37	83	00:21:12	81	00:02:15	141	00:01:39	158
77	Wald Inka	SRL Koblenz Damen	W	TW30	1	01:20:11	00:11:28	31	00:45:18	114	00:20:45	65	00:01:35	43	00:01:05	25
78	Schüßler Bernhard	RSG Montabaur IV	M	TM45	11	01:20:16	00:13:52	113	00:43:01	88	00:20:11	49	00:01:51	87	00:01:21	93
79	Jores Marcus	TCEC Best Performance Mainz	M	TM50	3	01:20:22	00:12:16	55	00:40:56	56	00:23:08	132	00:02:20	153	00:01:42	165
80	Kusma Matthias	SV 07 Ludwigshafen	M	TM40	12	01:20:36	00:14:29	133	00:43:07	90	00:19:40	34	00:01:56	100	00:01:24	109
81	Hahn Florian	TSG Maxdorf II	M	TM30	13	01:20:37	00:13:52	113	00:43:29	95	00:20:07	45	00:01:53	93	00:01:16	69
82	Jahn, Dr. Carsten	TV 1860 Mußbach	M	TM45	12	01:20:51	00:12:12	53	00:44:18	103	00:20:58	74	00:01:56	100	00:01:27	119
83	Sandberg Thomas	LLG Wonnegau	M	TM45	13	01:20:54	00:15:04	146	00:40:20	50	00:21:12	81	00:02:17	147	00:02:01	179
84	Michel Dimitrij	DJK Triathlon Andernach	M	TM35	11	01:20:58	00:13:33	103	00:43:13	92	00:20:56	72	00:01:49	83	00:01:27	119
85	Frischkorn Rainer	TCEC Best Performance Mainz	M	TM50	4	01:21:01	00:12:57	79	00:43:54	98	00:20:34	61	00:02:16	142	00:01:20	85
86	Kaufmann Fabian	SRL Koblenz II	M	TM20	10	01:21:03	00:06:19	1	00:47:41	145	00:22:08	105	00:03:23	180	00:01:32	136
87	Naumer Bernhard	TV 1860 Mußbach	M	TM50	5	01:21:07	00:12:13	54	00:42:39	84	00:22:06	102	00:02:34	168	00:01:35	145
88	Nohn Alexander	1. FC Kaiserslautern	M	TMJA	5	01:21:08	00:13:49	111	00:42:24	80	00:22:05	101	00:01:39	56	00:01:11	45
89	Scharf Norman	Hardseemafia Triathlon	M	TM30	14	01:21:27	00:14:52	141	00:43:03	89	00:20:10	48	00:01:43	64	00:01:39	158
90	Tauchmann Stefan	Stimmel Masters	M	TM40	13	01:21:36	00:15:11	150	00:40:01	42	00:23:42	145	00:01:28	21	00:01:14	56
91	ADRIAN VOLKER	Tri Post Trier Masters	M	TM45	14	01:21:37	00:12:59	81	00:43:55	99	00:21:18	84	00:02:10	136	00:01:15	63
92	Bertram Dirk	SYBAC-Solar Team RSC Unterm	M	TM40	14	01:21:38	00:14:35	135	00:42:06	76	00:21:41	88	00:01:56	100	00:01:20	85
93	Hauser Bernd	TSG Maxdorf	M	TM55	2	01:21:40	00:15:13	152	00:41:51	70	00:20:50	67	00:01:57	109	00:01:49	174
94	Janson Uwe	SFV Ludwigshafen	M	TM45	15	01:21:49	00:13:43	108	00:41:03	60	00:23:06	131	00:02:31	166	00:01:26	114
95	Weber Florian	ALV Mainz	M	TM25	10	01:21:50	00:14:26	132	00:41:17	64	00:22:58	129	00:02:00	113	00:01:09	36
96	Vinzent Tristan	Triathlon Mülheim-Kärlich II	M	TM50	6	01:22:03	00:14:19	129	00:41:35	67	00:22:25	112	00:02:06	129	00:01:38	156
96	Erb Benjamin	1. FCK Triathlon Team Pizza H	M	TM25	11	01:22:03	00:13:58	117	00:44:10	100	00:20:50	67	00:01:55	98	00:01:10	41
98	Brück Simone	tv herxheim	W	TW45	1	01:22:09	00:13:37	106	00:43:29	95	00:22:21	111	00:01:37	52	00:01:05	25
99	Jeckel Joachim	Stimmel Masters	M	TM50	7	01:22:19	00:13:21	95	00:43:36	97	00:22:11	107	00:01:44	70	00:01:27	119
100	Kolberg Jan	TUS Ahrweiler Triathlon	M	TM20	11	01:22:23	00:14:45	138	00:41:57	72	00:22:40	121	00:01:35	43	00:01:26	114
101	Maris Heiko	TCEC Best Performance Mainz	M	TM45	16	01:22:28	00:13:01	83	00:42:56	87	00:22:50	126	00:02:00	113	00:01:41	162
102	Große Michael	RSG Montabaur IV	M	TM45	17	01:22:41	00:00:00	0	00:43:14	93	00:22:43	123	00:00:00	0	00:01:18	80
103	Peters Christian	Stimmel-Sports	M	TM25	12	01:22:52	00:13:20	93	00:44:17	102	00:22:25	112	00:01:36	47	00:01:14	56
103	Dämmer Rudolf	SRL Koblenz Masters I	M	TM50	8	01:22:52	00:00:00	0	00:44:32	109	00:21:45	90	00:00:00	0	00:01:52	175
105	Deiß Jens	TSG Maxdorf I	M	TM30	15	01:23:01	00:00:00	0	00:47:23	143	00:19:44	37	00:00:00	0	00:01:37	153
106	Gressung Paul	Hardseemafia Triathlon	M	TM30	16	01:23:03	00:12:37	67	00:47:19	142	00:20:09	47	00:01:43	64	00:01:15	63
107	Willersinn Gerd	TSG Maxdorf	M	TM50	9	01:23:06	00:13:35	105	00:42:01	73	00:23:50	150	00:02:04	123	00:01:36	148
108	Blank-Peters Ulrike	LC Bingen	W	TW45	2	01:23:12	00:11:24	28	00:44:27	107	00:24:11	155	00:01:43	64	00:01:27	119
109	Ganser Christian	Triathlon Mülheim-Kärlich I	M	TM20	12	01:23:36	00:13:10	88	00:44:54	111	00:21:54	98	00:02:16	142	00:01:22	101

110	Syring Ulrike	Bike Tempel - TCEC Mainz	W	TW35	1	01:23:39	00:14:00	119	00:44:11	101	00:22:42	122	00:01:32	31	00:01:14	56
110	Bauerfeld Sara	ETP Damen Power	W	TW25	1	01:23:39	00:14:58	143	00:44:23	105	00:21:08	77	00:01:50	85	00:01:20	85
112	Frambach Klaus	TSG Maxdorf	M	TM45	18	01:23:41	00:00:00	0	00:41:53	71	00:22:47	125	00:00:00	0	00:01:30	130
113	Schroemges Manfred	SRL Koblenz Masters I	M	TM45	19	01:23:46	00:12:20	58	00:45:50	122	00:22:29	117	00:01:45	73	00:01:22	101
114	Holly Charlotte	RSG Montabaur	W	TWJU	2	01:24:04	00:13:55	116	00:45:15	113	00:21:49	93	00:01:51	87	00:01:14	56
115	Kemmer Andi	VFR-Simmern	M	TM35	12	01:24:12	00:16:06	162	00:43:18	94	00:21:46	91	00:01:57	109	00:01:05	25
116	Niederprüm Tatjana	Tri Post Trier	W	TW20	1	01:24:26	00:12:39	68	00:45:26	117	00:23:15	135	00:01:54	95	00:01:12	47
117	Meyer Felix	ETP Pirmasens I	M	TM30	17	01:24:34	00:00:00	0	00:44:39	110	00:21:52	94	00:00:00	0	00:01:29	126
118	KNEER BERND	Tri Post Trier Masters	M	TM40	15	01:24:43	00:13:20	93	00:45:55	123	00:21:53	96	00:02:00	113	00:01:35	145
119	Kerschensteiner Karin	ALV Mainz	W	TW30	2	01:24:46	00:12:51	75	00:46:15	128	00:22:26	114	00:02:02	117	00:01:12	47
120	Thier Markus	DJK Triathlon Andernach	M	TM50	10	01:24:53	00:13:12	89	00:44:25	106	00:23:14	134	00:02:23	159	00:01:39	158
121	Althofen Martin	RSG Montabaur IV	M	TM45	20	01:24:58	00:13:24	97	00:46:47	136	00:21:52	94	00:01:33	36	00:01:22	101
122	Buggle Martin	Team Triathlon Dreikirchen	M	TM35	13	01:25:00	00:12:58	80	00:45:10	112	00:23:26	141	00:02:05	125	00:01:21	93
123	Henricksen Lene	SRL Koblenz Damen	W	TW30	3	01:25:10	00:13:45	110	00:46:29	132	00:22:06	102	00:01:31	27	00:01:19	83
124	Michael Roth	SFV Ludwigshafen	M	TM50	11	01:25:26	00:00:00	0	00:46:07	126	00:21:15	83	00:00:00	0	00:01:37	153
125	Ohlig Dino	Triathlon Mülheim-Kärlich I	M	TM25	13	01:25:28	00:12:23	61	00:46:33	134	00:22:45	124	00:02:18	148	00:01:29	126
126	Wölke Jochen	VFR-Simmern	M	TM40	16	01:25:52	00:14:15	126	00:45:30	119	00:22:31	118	00:02:20	153	00:01:16	69
127	Jung Marco	1. FCK Triathlon Team Pizza H	M	TM30	18	01:26:18	00:12:31	65	00:48:36	154	00:21:46	91	00:02:12	138	00:01:13	53
128	Oliver Kesche	Hardseemafia Triathlon	M	TM30	19	01:26:32	00:16:34	171	00:46:29	132	00:20:30	60	00:01:51	87	00:01:08	33
129	Wichmann Stefan	DJK Triathlon Andernach	M	TM30	20	01:26:36	00:13:42	107	00:47:03	140	00:22:15	109	00:02:02	117	00:01:34	139
130	Tolksdorf Thomas	Triathlon Mülheim-Kärlich II	M	TM45	21	01:26:51	00:14:08	125	00:46:56	137	00:22:08	105	00:02:08	134	00:01:31	134
131	Lettau Fred	VFR-Simmern	M	TM40	17	01:26:54	00:15:05	147	00:44:22	104	00:23:37	143	00:02:16	142	00:01:34	139
132	Schwarze Michael	ETP Pirmasens Masters	M	TM40	18	01:27:03	00:15:07	149	00:44:27	107	00:23:25	140	00:02:36	170	00:01:28	124
133	Welk Alexa	ALV Mainz	W	TW30	4	01:27:25	00:13:59	118	00:48:08	149	00:21:53	96	00:01:51	87	00:01:34	139
134	Mertz Thomas	ETP Pirmasens I	M	TM50	12	01:27:30	00:14:02	122	00:47:14	141	00:22:37	120	00:02:03	119	00:01:34	139
135	Stimmel Claudia	Stimmel-Sports	W	TW45	3	01:27:32	00:13:32	102	00:46:04	125	00:24:57	160	00:01:32	31	00:01:27	119
136	Sahl Jasmin	SRL Koblenz Damen	W	TW30	5	01:27:41	00:14:58	143	00:46:56	137	00:22:27	115	00:02:03	119	00:01:17	73
137	Möder Christoph	Stimmel-Sports	M	TM30	21	01:27:50	00:13:07	86	00:48:22	152	00:23:24	138	00:01:33	36	00:01:24	109
138	Alten Mario	TriPost Trier	M	TM50	13	01:27:52	00:00:00	0	00:45:39	120	00:22:36	119	00:00:00	0	00:01:32	136
139	Grabau Susanne	Turnerschaft Germersheim	W	TW45	4	01:28:03	00:13:01	83	00:48:09	150	00:23:18	136	00:02:05	125	00:01:30	130
140	RACH HELMUT	Tri Post Trier Masters	M	TM45	22	01:28:12	00:12:08	52	00:48:42	156	00:23:22	137	00:02:19	152	00:01:41	162
141	Hellwig Thorsten	TV 1860 Mußbach	M	TM50	14	01:28:30	00:12:16	55	00:47:34	144	00:25:51	164	00:01:30	24	00:01:19	83
142	Becker Arno	TV 1860 Mußbach	M	TM45	23	01:28:36	00:13:43	108	00:48:20	151	00:23:12	133	00:01:52	92	00:01:29	126
143	Richters Dorothee	ALV Mainz	W	TW30	6	01:28:41	00:15:49	160	00:46:41	135	00:22:52	128	00:02:04	123	00:01:15	63
144	Zumbach Peter	1.FC.Kaiserslautern	M	TM55	3	01:28:54	00:15:13	152	00:45:46	121	00:23:48	149	00:02:21	155	00:01:46	171
145	Kreuzer Rüdiger	SRL Koblenz Masters II	M	TM50	15	01:29:07	00:11:35	34	00:46:11	127	00:28:05	177	00:01:56	100	00:01:20	85
146	Luhr Markus	SYBAC-Solar Team RSC Unte	M	TM40	19	01:29:09	00:15:14	154	00:46:19	130	00:23:46	147	00:02:22	158	00:01:28	124
147	Müller Anne	Stimmel-Sports	W	TW20	2	01:29:13	00:12:44	71	00:48:27	153	00:00:00	0	00:01:33	36	00:00:00	0
148	Wendel Mareike	Tri Post Trier	W	TW25	2	01:29:25	00:13:25	98	00:49:20	158	00:23:35	142	00:01:42	63	00:01:23	105

149	Gödert Alexander	SYBAC-Solar Team RSC Unte	M	TM20	13	01:29:51	00:15:12	151	00:49:27	159	00:21:56	99	00:01:40	57	00:01:36	148
150	Loosen Daniel	SYBAC-Solar Team RSC Unte	M	TM30	22	01:30:17	00:16:18	167	00:45:18	114	00:25:15	161	00:02:05	125	00:01:21	93
151	Pareik Claudia	SFV Ludwigshafen	W	TW50	1	01:30:27	00:14:17	128	00:46:19	130	00:25:36	162	00:02:34	168	00:01:41	162
151	Rausch Claudia	Tri Post Trier	W	TW40	1	01:30:27	00:14:53	142	00:48:00	148	00:23:55	152	00:02:06	129	00:01:33	138
153	Stadtfeld Christian	TSV Bullay/ Alf	M	TM30	23	01:30:34	00:16:38	173	00:47:57	147	00:22:15	109	00:02:18	148	00:01:26	114
154	Hüttenberger Stefan	Stimmel Masters	M	TM40	20	01:31:00	00:15:23	156	00:48:41	155	00:23:47	148	00:01:43	64	00:01:26	114
155	Peterson Scott	1. FCK Triathlon Team Pizza H	M	TM45	24	01:31:04	00:12:49	74	00:49:49	162	00:24:48	158	00:02:13	140	00:01:25	111
156	Völpel Sascha	Tri Team Ludwigshafen	M	TM35	14	01:31:16	00:15:32	158	00:47:01	139	00:24:52	159	00:02:16	142	00:01:35	145
157	Dahlem Carla	RSG Montabaur	W	TWJU	3	01:31:44	00:12:31	65	00:47:55	146	00:28:12	180	00:01:43	64	00:01:23	105
158	Beitz Werner	ALV Mainz	M	TM50	16	01:31:50	00:14:00	119	00:49:31	160	00:23:52	151	00:02:18	148	00:02:09	184
159	Hörnemann Lutz	Triathlon Mülheim-Kärlich II	M	TM50	17	01:32:31	00:15:19	155	00:49:50	163	00:22:28	116	00:02:47	175	00:02:07	182
160	Blankenfuland Manfred	LLG Wonnegau	M	TM65	1	01:33:24	00:15:23	156	00:49:58	167	00:24:09	154	00:02:07	132	00:01:47	173
161	Yüksekoglu Yusuf	SRL Koblenz	M	TM35	15	01:34:20	00:11:53	40	00:58:57	187	00:20:15	52	00:01:45	73	00:01:30	130
162	Kehrbusch Rainer	TUS Ahrweiler Triathlon	M	TM40	21	01:34:31	00:16:49	174	00:49:57	166	00:23:40	144	00:02:42	172	00:01:23	105
163	Pass Sandra	SRL Koblenz Damen	W	TW20	3	01:35:03	00:15:37	159	00:52:38	174	00:22:51	127	00:02:31	166	00:01:26	114
164	Salzmann Andreas	ETP Pirmasens Masters	M	TM50	18	01:35:32	00:17:38	176	00:49:03	157	00:24:03	153	00:03:03	178	00:01:45	168
165	Disque Stefanie	SV 07 Ludwigshafen	W	TW45	5	01:35:42	00:16:08	163	00:52:28	173	00:23:24	138	00:02:00	113	00:01:42	165
166	Mille Bianca	RSG Montabaur	W	TW40	2	01:36:25	00:14:07	124	00:51:51	172	00:26:55	167	00:01:53	93	00:01:39	158
167	Schmitz Thomas	SRL Koblenz II	M	TM35	16	01:36:37	00:13:50	112	00:51:23	170	00:27:32	172	00:02:16	142	00:01:36	148
168	Kuhl Sabine	ETP Damen Power	W	TW30	7	01:36:40	00:14:23	130	00:51:24	171	00:27:12	170	00:02:07	132	00:01:34	139
169	Claudia Noack	SFV Ludwigshafen	W	TW45	6	01:36:47	00:16:12	164	00:49:52	164	00:26:12	166	00:02:36	170	00:01:55	178
170	Brodmann Erwin	Stimmel Masters	M	TM45	25	01:37:08	00:13:53	115	00:50:54	169	00:28:09	179	00:02:27	164	00:01:45	168
171	Basta Nicola	TSG Maxdorf II	M	TM30	24	01:37:42	00:16:34	171	00:53:05	175	00:24:13	156	00:02:21	155	00:01:29	126
172	Steigert Hannah	TV 1860 Mussbach	W	TWJA	1	01:37:56	00:11:29	32	00:55:05	180	00:28:28	181	00:01:33	36	00:01:21	93
173	Gorges Nina	RSG Montabaur	W	TWJU	4	01:38:43	00:10:53	12	00:57:14	183	00:27:57	176	00:01:24	16	00:01:15	63
174	Sahl Andreas	SRL Koblenz Masters II	M	TM45	26	01:39:19	00:21:46	182	00:46:18	129	00:27:34	173	00:01:56	100	00:01:45	168
175	Bauersachs Udo	LLG Wonnegau	M	TM50	19	01:40:38	00:18:10	177	00:49:48	161	00:28:29	182	00:02:25	160	00:01:46	171
176	Broy Carina	ALV Mainz	W	TW30	8	01:40:39	00:14:35	135	00:54:31	179	00:27:02	168	00:02:25	160	00:02:06	181
177	Schiefer Astrid	Stimmel-Sports	W	TW35	2	01:40:52	00:12:45	72	00:55:36	182	00:29:09	184	00:01:46	78	00:01:36	148
178	Stamm Thomas	ETP Pirmasens Masters	M	TM50	20	01:41:03	00:20:48	181	00:49:54	165	00:25:40	163	00:02:47	175	00:01:54	177
179	Schenke Tabea	Triathlon TuS Ahrweiler	W	TWJU	5	01:41:58	00:16:24	168	00:57:21	184	00:24:39	157	00:02:09	135	00:01:25	111
180	Popp Martin	Hardseemafia Triathlon	M	TM40	22	01:42:37	00:12:21	59	00:55:05	180	00:31:16	187	00:02:21	155	00:01:34	139
181	Nesslerer Werner	TSG 1861 Kaiserslautern	M	TM70	1	01:44:06	00:00:00	0	00:54:23	178	00:27:02	168	00:00:00	0	00:02:19	185
182	Braun Karl-Heinz	Stimmel-sports e.V.	M	TM55	4	01:44:52	00:15:57	161	00:50:06	168	00:34:33	189	00:01:57	109	00:02:19	185
183	Reister Steffen	TCEC Best Performance Mainz	M	TM45	27	01:45:26	00:13:16	91	00:59:02	188	00:27:50	174	00:02:56	177	00:02:22	187
184	Deufel Sylvia	ALV Mainz	W	TW50	2	01:45:30	00:18:46	180	00:53:51	176	00:27:15	171	00:03:36	182	00:02:02	180
185	Tokarski Mietek	Bike Tempel - TCEC Mainz	M	TM60	1	01:46:22	00:18:14	178	00:54:12	177	00:29:30	185	00:02:42	172	00:01:44	167
186	Thomas Ralph	Triathlon Mülheim-Kärlich II	M	TM45	28	01:48:39	00:14:01	121	01:02:14	189	00:28:06	178	00:02:42	172	00:01:36	148
186	Korz Günther	TSG Maxdorf II	M	TM30	25	01:48:39	00:16:13	165	00:58:41	185	00:28:32	183	00:03:06	179	00:02:07	182

188	Wegner Steve	Tri Team Ludwigshafen	M	TM35	17	01:49:39	00:18:16	179	00:58:41	185	00:27:50	174	00:02:30	165	00:02:22	187
189	Pullmann Thomas	Stimmel-sports e.V.	M	TM40	23	01:53:33	00:17:34	175	01:02:30	190	00:29:41	186	00:02:10	136	00:01:38	156
190	Ellenberger Sigrun	ALV Mainz	W	TW50	3	02:02:59	00:14:25	131	01:10:20	191	00:31:59	188	00:03:23	180	00:02:52	189
	Lebeau Leander	TSG Maxdorf I	M	TM25	0	dnf	00:10:24	6	00:00:00	0	00:00:00	0	00:01:15	7	00:00:00	0
	Kling Meike	ETP Damen Power	W	TW20	0	dnf	00:14:50	140	00:00:00	0	00:00:00	0	00:02:06	129	00:00:00	0
	Wachtendorf Jonas	Stimmel-Sports	M	TMJU	0	dnf	00:10:44	9	00:00:00	0	00:00:00	0	00:01:16	8	00:00:00	0
	Große Florian	RSG Montabaur III	M	TMJA	0	dnf	00:11:17	21	00:45:29	118	00:00:00	0	00:01:08	2	00:00:00	0
	Oswald-Eckenfels Ursu	Stimmel-Sports	W	TW50	0	disqual.	00:16:23	0	00:35:42	0	00:26:40	0	00:01:53	0	00:01:28	0
	Kölsch Martin	ETP Pirmasens Masters	M	TM55	0	disqual.	00:12:26	0	00:39:25	0	00:27:02	0	00:02:21	0	00:01:15	0